INDEPENDENTCATERING IEDUCATERLIMITED

INDEPENDENT CATERING are delighted to be the schools' chosen caterer.

We are a small company, focused on providing students with freshly prepared, healthy meals helping them reach their five portions of fruit and vegetables a day.

We use local produce, from the garden of Kent, including seasonal vegetables, salad and fruit when in season. Our meat can be traced back to the farm and meets or exceeds UK animal welfare standards. Many of the vegetables used have been sourced locally which reduces the environmental impact.

We provide a full **BREAKFAST:** Yoghurts, cereals, hot breakfast rolls, fresh fruit, toast, hot and cold drinks.

MORNING BREAK: Freshly made sandwiches and rolls, hot filled breakfast muffins and toasties, hot filled panini breads, fresh fruit, hot and cold drinks

LUNCH: Consists of a main meal and a vegetarian alternative and a freshly made dessert - all freshly prepared by our chef and their team. A daily street food option is also available.

We operate a cashless system reducing any problems of cash in school whilst encouraging healthy eating.

Payment is made online using a debit or credit card. This credit balance is debited each time a pupil purchases food items from the cafeteria at breakfast, mid morning break and lunch. A maximum daily spend limit of **£7.50** is set (please email us at **info@independentcatering.co.uk** should you wish to have a different daily limit) however an average daily spend is estimated at **£3.50** per day. A main meal and dessert is **£2.50**.



SAMPLE LUNCH MENU

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MONDAY	Spaghetti Bolognese served with Garlic Slice and Chef's Salad	Roasted Pepper, Aubergine and Courgette Spaghetti served with Garlic Slice and Chef's Salad	Street Food of the Day	Apricot Sponge and Custard
TUESDAY	Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments		Street Food of the Day	Pear and Apple Crumble with Cream
WEDNESDAY	Roast Turkey and Stuffing served with Garlic and Rosemary Roast Potatoes, Seasonal Vegetables and Rich Gravy	Cheddar and Onion Quiche with Garlic and Rosemary Roast Potatoes, Chef's Salad and Slaw	Street Food of the Day	Warm Chocolate Brownie
THURSDAY	British Beef Cottage Pie served with Fresh Carrots and Garden Peas and Rich Gravy	Vegetable Cottage Pie served with Fresh Carrots and Garden Peas and Rich Gravy	Street Food of the Day	Fresh Fruit Salad
FRIDAY	Chicken Souvlaki and Warm Pitta served with Tzatziki, Chips, Chef's Salad and Slaw	Vegetable Halloumi Souvlaki and Warm Pitta served with Tzatziki, Chips, Chef's Salad and Slaw	Street Food of the Day	Choice of Home Bakes or Dessert Pots

AVAILABLE DAILY

Fresh Chef's Salad, Whole Grain Bread Self Help Salad Bar

THE DELI

Fresh Cut Sandwiches, Rolls and Wraps, Pittas, Baguettes See the black boards for soups, Theme Days and the Chef's Special

CLICK HERE TO VIEW OUR SHORT PROMOTIONAL MOVIE





WE ONLY USE

